



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Poachi Singh
DPG - ce

<u>Session</u>	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

With Veena Mam session is too good & she awares us for "sexual harassment" topic.

What would you suggest to improve the Course?

Nothing.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

Poachi Singh
DPG-CC

	Poor	Fair	Good	Outstanding
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:

We are taking "POSH" training from Veena Mam. Her way of talking & command on subject is too good.



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Awareness for "Sexual Harassment"	we take		
2.			
3.			

Name of the Participants: Rachni Singh

PF.NO 128925

Signature: Rachni



VOLTAS LIMITED

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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Vishwanath Mishra

<u>Session</u>	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

* Activities during training.

What would you suggest to improve the Course?

* It could be arrange more time to training.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Vishwanath Mishra

	Poor	Fair	Good	Outstanding
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
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Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments: " This is also outstanding training. Company should make videos and to make understand.



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. To act on Sexual Harassment on training	* I have act on the such case, like a girls going to home, then she forced to spend some time with her Boss.	1:00 PM	24.11.2018
2.			
3.			

Name of the Participants: Vishwanath Mishra

PF.NO 129633

Signature: Vishwanath Mishra



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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

Session

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
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Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

Role play was very interesting.

What would you suggest to improve the Course?



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
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Use of Visual aids	1 <input type="checkbox"/>	2 <input checked="" type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Comments:



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POST TRAINING ACTION PLAN FOR "POSH"

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Good learning	I will not use any abusive language at work place	by next day	
2. Avoid Company			
3.			

Name of the Participants: Israr Ahmad

PF.NO 63620

Signature: [Signature]



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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

This type of course must be regular in future also.

What would you suggest to improve the Course?

Training program must be regularly at least six months.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

	Poor	Fair	Good	Outstanding
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
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Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments: over all good subject must be know every one. to all bute but mean to save & protect.



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POST TRAINING ACTION PLAN FOR "POSH"

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Identifying sexual Harassment	Just like, abuse, touching & penetration hurts. react with		
2.			
3.			

Name of the Participants: Gyan P. Srivastava PF.NO 63827

Signature: [Signature]



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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Md. Faiyaz Atamad

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

This is very useful to All human being

What would you suggest to improve the Course?

This type of Training conducted time to time each & every Public Places like office, Construction Site etc.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Md. Fayaz Ahmad

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input checked="" type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:

No Comments



VOLTAS LIMITED

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1.			
2.			
3.			

Name of the Participants: Md. Farjaz Ahmad

PF.NO 129653

Signature: Md. Farjaz Ahmad

Quiz 2: Women's role as primary caregivers

Our society comprises of women, men, children, adolescents and young people. Traditionally men were seen as breadwinners and women as homemakers – we need to prepare ourselves to a changing context today as more and more women join the workforce. However, women continue to be primary caregivers for children. Women's well-being is directly connected to that of their children. This quiz explores women's role as primary caregivers.

- Q1. What is the difference between gender and sex.
- A. They are the same B. They are completely different C. They overlap
- Q2. Who does gender inequality affect the most?
- A. Women in the poorest countries B. Children C. Women & Children
- Q3. Is there a link between women's decision-making at home and children's nutritional status?
- A. NO B. YES C. SOMETIMES
- Q4. Does a mother's lack of education affect her children's prospects?
- A. YES B. NO C. JUST SLIGHTLY
- Q5. Why are girls more likely than boys to miss out on secondary education in the developing world?
- A. Because of high school fees only boys go to school
B. Many adolescent girls are expected to help at home
C. Child marriage restricts girls mobility and freedom
D. All of the above
- Q6. What is the proportion of girls in the developing world who get married before they are 18?
- A. 10% B. 25% C. About one-third
- Q7. Who is at greatest risk of contracting HIV/AIDS?
- A. Men B. Women C. Children

Q8. Most of the time when both men and women work

- A. They share the housework equally
- B. Women and girls do most of the housework
- C. Men do most of the housework

Q9. Which strategies have proved to help women become more empowered socially and economically?

- A. Women working together to end discrimination
- B. More income sources for women
- C. Improved access to education
- D. All of the above

Q.10 At war, who is at greater risk of being killed?

- A. Soldiers
- B. Civilian men
- C. Civilian women and children

Quiz 1: Statistics: India

Statistics bring out those facts that are sometimes hidden under bias, perceptions and personal or popular view. Appropriate data can help take decisions for policy, programmes as well as evaluation to assess progress. Status of women in India can be assessed on indicators of socio-cultural, economic and political development.

- Q1. What is the sex ratio in India? (ie no. of females per thousand males)
- A. 868 B. 914 C. 940
- Q2. What is the percentage of households that do not have access to toilets and sanitation?
- Rural households: A. 12% B. 25% C. 67%
- Urban households: A. 10% B. 20% C. 40%
- Q3. For what age group does the Right to Education Act provide free and compulsory education?
- A. 0 – 10 years B. 6 – 14 years C. 5 – 18 years
- Q4. What is India's literacy rate?
- Male: A. 60.55% B. 82.14%
- Female: A. 40.55% B. 65.46%
- Q5. What is women's workforce participation rate in India ?
- Rural : A. Below 20% B. 25 to 30%
- Urban: A. Below 10% B. 15 to 18%
- Q6. How many hours do women spend on average per week on 'unpaid' labour which is not accounted for in the economy?
- A. 14 hours B. 35 hours C. 70 hours
- Q7. What is the percentage of women in the Indian Administrative Service in India?
- A. 10.2% B. 15.2% C. 33.8%
- Q8. What is the percentage of women in police in India?
- A. 5.33% B. 10.50% C. 33.5%
- Q9. Of the 431 recognised universities in India, how many are headed by women vice-chancellors?
- A. 13 B. 20 C. 145



- Q.10 How many of the 26 Supreme Court judges are women?
A. 2 ✓ B. 5 C. 9
- Q.11 How many of the 634 High Court judges are women?
A. 54 ✓ B. 104 C. 209
- Q.12 What is the percentage of reservations for women at grassroots democracy?
A. 20% B. 33% ✓ C. 50%
- Q.13. What is the percentage of crime against women perpetrated by husbands and relatives?
A. less than 10% B. 32% C. 43% ✓
- Q.14. What is the percentage of crime against women on account of assault on women with intent to outrage her modesty?
A. less than 5% B. 12% C. 18% ✓
- Q.15 What is the percentage of land holding/property in women's name in India?
A. less than 2% ✓ B. 5% C. 10%

Data Sources:

*Census 2011 | Central Statistical Organisation | Ministry of Women & Child Development | Ministry of Statistics & Programme Implementation | National Crime Records Bureau | media and other reports
18 Apr 14*





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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

RAJESH PANDEY

Session

Poor

Fair

Good

Outstanding

Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
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Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

→ Training in good atmosphere

What would you suggest to improve the Course?

→ Whole office should participate



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
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Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Comments: Good presentation should be more with visual & dramatic videos.



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POST TRAINING ACTION PLAN FOR "POSH"

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Do's & Don'ts of Sexual Harassment	I will be ^{take} more precautions & careful while talking with Colleague (Female).	Instantly	Daily.
2. Knowledge of <u>ACT</u>	More Learning on this topic.	By next week.	By next week.
3.			

Name of the Participants: RAJESH KANDEY PF.NO 130047 Signature: [Signature]



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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: *Ashyakumar*

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
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Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

Its very useful in present scenario about POSH

What would you suggest to improve the Course?

Its OK.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: *Holigakuma*

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
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Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:

Its very useful for workplace and each others behaviour towards our female colleague



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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Knowledge about POSH	I will try to Control behaviour in office premises towards female colleagues.	Self	
2.			
3.			

Name of the Participants: Ashya Kumar PF.NO 38173 Signature: Ashya



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Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: ANIL KUMAR
MISHRA

<u>Session</u>	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

What would you suggest to improve the Course?



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: ANIL K.R. MISHRA

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:

She has explained this topic nicely with act each other of Participant.



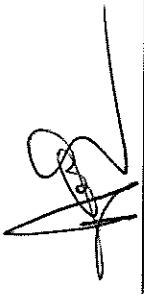
VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1.			
2.			
3.			

Name of the Participants: ANIL KUMAR MASHKA PF.NO 72906

Signature: 



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

SACHIN AGARWAL

Date: 24th November, 2018

Name of the Participant:

<u>Session</u>	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

Case study act.

What would you suggest to improve the Course?



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

SACHIN AGARWAL
Name of the Participant:

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Prevention is better	In future I will ensure my body language, my language is in control in social official platform.	Immediate	
2. Educate family/friend regarding the POSH	I asked my wife/sister/daughter to do not keep quite against the harassment. ALSO ask our friends (male) to do not use offensive abusive language in social media and social area.	Immediate	
3.			

Name of the Participants: SACHIN AGARWAL

PF.NO 129568

Signature: _____



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: Akash Rawat

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Module length	<input type="checkbox"/> too short	<input checked="" type="checkbox"/> just right	<input type="checkbox"/>	<input type="checkbox"/> too long

What did you like best about the Course?

live examples given by the mentor/speaker.

What would you suggest to improve the Course?

More interactive videos.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input checked="" type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Preventive actions for not offending other employees.	Should be more aware of the situations and chose of words while dealing with such situation.		
2. Information about Poshat 2013 act.	Read more about this act for having more information about the act from legal perspective		
3.			

Name of the Participants: Aakash Rawat

PF.NO 129983

Aakash

Signature:



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: M.K. Singh

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

Awareness.

What would you suggest to improve the Course?

Time to time should be conduct.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant: M. K. Singh

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Knows the how	Maintain behavior	Right know	24/11/2018
2. Cannot do know about behavior	do the same ;	Right know	24/11/2018
3.			

Name of the Participants: M.V. Singh

PF.NO 66245

Signature: M.V. Singh



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

Deepankur Sharma.

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Module length

too short

just right

too long

What did you like best about the Course?

The examples explained through group activity.

What would you suggest to improve the Course?

The additional speakers should be provided to improve sound quality of train session. Laptop speakers not well.



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Name of the Participant:

Deepankar Sharma

	Poor	Fair	Good	Outstanding
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>

Comments:

no comments



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

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My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. How to be careful from being got into harassment cases.	To be careful on body language In professional talk use appropriate tone. Careful on behaviour.	Immediate.	
2. How to behave in office/outside.	Do not use poor sites/self pictures/pictures Be alert while gossiping No avoid mis-communication on matters.	Immediate	
3. How to work with college (colleagues) to maintain good behavior.		11	

Name of the Participants: Deekankar Sharma

PF.NO 198740

Signature: Deekankar Sharma



VOLTAS LIMITED

Session Feedback

At Voltas, one of our goals is to continuously improve all that we do. Therefore we need your input. By completing the following questionnaire, you will provide through your responses the direction we need to maximize the impact of our training efforts.

Feel free to add your comments where appropriate. Thank you for your invaluable time.

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Mohd. Almal

Name of the Participant:

Session

	Poor	Fair	Good	Outstanding
Quality of Content	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Quality of Activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Met your objectives	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Applicability/ Usefulness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Participant involvement	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of the Session	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Module length	<input type="checkbox"/> too short	<input type="checkbox"/> just right	<input checked="" type="checkbox"/>	<input type="checkbox"/> too long

What did you like best about the Course?

The knowledge of ACT about Sexual Harassment which can be use for next to saul's person is right.

What would you suggest to improve the Course?



VOLTAS LIMITED
Speaker Feedback

Session Title: POSH

Speaker: Xtramile

Date: 24th November, 2018

Mohd Aimal

Name of the Participant:

	<i>Poor</i>	<i>Fair</i>	<i>Good</i>	<i>Outstanding</i>
Command on subject matter	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Degree of organization	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Presentation skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Stimulate learning & maintain interest	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Use gestures, body movement & Eye contact	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>
Use of Visual aids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input checked="" type="checkbox"/>
Overall rating of Speaker	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	4 <input type="checkbox"/>

Comments:



VOLTAS LIMITED

POST TRAINING ACTION PLAN FOR "POSH"

This is your space to commit to yourself goals and actions based on your learning during this workshop. Kindly fill in this action plan, sign it and submit it to the trainer during the last session of this workshop. Thank you.

My Key Learning from this workshop	Key actions that I shall take	By when?	Review date
1. Sexual Harassment	I have taken A/S Supervisor with F&S employ to discussion meeting	1:30 PM	24.11.2018
2.			
3.			

Name of the Participants: Mohd Akmal PF.NO 65061 Signature: [Signature]

Training Module Attendance Sheet

VOLTAS

For completion by the Trainer:

Program Title : POSH	Date of Training: 24th November, 2018
Course Site: Lucknow	Faculty: Xtramile
Trainer Hours = Cost if any = Rs.	C= D=

Sl. No	Name	Div / Dept	Location	PF.No	Grade	Signature 24th -Nov-2018
--------	------	------------	----------	-------	-------	-----------------------------

1	Aakash Kawat	UPBG	LKO	129483	M1	Aakash
2	RAJESH PANDEY	UPBG	LKO	130047	M2	Rajesh
3	KRISHNA GOPAL GUPTA	UPBG	L.K.O	127896	M2	Krishna
4	Sachin Agarwal	DPG	L.K.O	128588	M5	Sachin
5	Anil Kumar Mishra	DPG	L.K.O.	72906	M4	Anil
6	Aditya Kumar	DPG	LKO.	38173	M3	Aditya
7	Gyanendra Sahai	DPG	LKO	60768	M5	Gyanendra
8	Md. Faraz Ahmad	D.P.G	LKO	129653	M6	Faraz
9	Gyan P. Srivastava	DPG	LKO	63827	M5	Gyan P. Srivastava
10	Vishwanath Mishra	DPG	LKO	129633	M6	Vishwanath Mishra
11	MANOJ KUMAR NIWAL	DPG	LKO	129048	M-3	Manoj
12	Mohd Atamal	DPG	LKO	65061	M-4	Mohd Atamal
13	Deepankur Sharma	DPG	LKO	128740	M-3	Deepankur
14	M.L. Singh	DPG	LKO	66295	M-4	M.L. Singh
15	Prachi Singh	DPG	LKO.	128925	M6	Prachi
16	Issar Ahmad	UPBG	LKO	63620	M2	Issar
17						
18						
19						
20						
21						
22						
23						

Signature of the Trainer / HR Manager.

* Category :
A = SM and above, B = JM and MM, C = Supervisors,
D = General Staff